

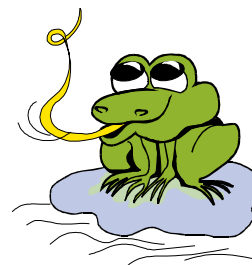
# Log Cabin Camp

## ACTIVITIES INSTRUCTIONS

### PONDING

#### DESCRIPTION

Log Cabin Camp has a wealth of obvious flora and fauna for all to see and enjoy but there are other exciting creatures to discover just below the surface of our water areas. Take some time to look and see what weird and wonderful things you can find.



The Ponding activity has the advantage of being a valuable educational experience where each Activity Leader is able to develop Ponding's learning opportunities to whatever level they wish.

Ponding is considered to be a specialised activity. Poor supervision has the potential to harm participants.

#### INSTRUCTIONS

#### EQUIPMENT

Ponding kit

1. Activity Leader should collect Ponding Kit from Program Room and proceed to the Yabbying Dam or shallow end of the lake.
2. Activity Leader to distribute various materials within the Ponding Kit amongst the participants.
3. Participants can then be instructed to carefully use nets or other items to scoop out any creatures that they can find and then place in ice cream containers.
4. Once sufficient creatures have been caught participants can then be instructed to carefully take creatures using tweezers and place in magnifying box using white tray from Ponding Kit as background.
5. Participants are then able to examine and identify creatures. These can be compared to the chart supplied and comprehensive list compiled.
6. Creatures should then be once again carefully released back into their water environment.
7. Ponding Kit items should then be cleaned thoroughly and returned neatly to Ponding Kit box ensuring each item is checked off against the list to ensure nothing is lost. Ponding Kit then needs to be returned to the Program Room.

#### SAFETY GUIDELINES:-

- Participants should go to the Ponding together and remain visible at all times.
- Appropriate footwear must be worn for this activity.
- Creatures are not to be picked up or touched with bare hands.
- Participants should avoid getting wet.

**TIME TO ALLOW FOR THIS ACTIVITY:-** - At least 40mins

## **LOCATION**

Yabbying Dam and shallow end of the lake.

## **AGE SUITABILITY**

This activity is suitable for a wide range of ages.

## **RATIO**

1:10 It is recommended that there is one Instructor/Leader per ten participants.

## **INSTRUCTOR EXPERIENCE**

Instructor should have previous experience in instructing and supervising groups in outdoor activities.

## **ASSISTING LEADERS EXPERIENCE**

No experience is required for an Assistant. An Assisting Leader is not essential for this activity, but if one is available can be very useful.

## **PARTICIPANT'S EXPERIENCE**

No experience necessary.

## **INSTRUCTOR RESPONSIBILITY**

The Instructor is responsible for camper supervision and behaviour at all times. This includes:- the supervision and behaviour of campers at the activity and to and from the activity, the instructor is also responsible for assessing first aid requirements and identifying campers with asthma or other ailments, the Instructor/Leader must inform the Assisting Leader of their role in the supervision of the activity, and also train them in the technical and safety components of Ponding.

## **PARTICIPANT'S RESPONSIBILITY**

Participants are responsible for adhering to the instructions of the Instructor. If any participant is found to be being irresponsible they should be taken out of the activity.

## **PARTICIPANT'S CLOTHING AND ACCESSORIES**

Solid footwear, sunscreen and hat.

## **FIRST AID REQUIREMENTS**

The location of the activity is on the campsite, so if any injuries should occur, the designated camp first aider should be consulted.